

Welburn Hall Weekly

Friday 31 January 2025

Hello and welcome to our weekly Newsletter.....

School dinner arrears

We are £38 in arrears for school meals. Can parents please clear any dept. School lunches must be paid in advance. Automatic top-up, for as little as £5, can be set up on Parent Pay.

Thank you for your understanding

Spring Term Food Tech Contributions

Payments can now be made towards Spring Term Food Tech.

So, if you are able to contribute, please do so via **ParentPay**. Thank you



Parent Pay activation letters have now been sent home in book bags.

If you haven't already done so, can we please request that you log in and activate your account. Even if your child has free school meals we still need parents to have their own Parent Pay account.

Your help is greatly appreciated. Thank you.

Lunch Week 2	Main	Vegetarian	Pudding
Monday	pork sausage roll	crispy quorn nuggets	fruit jelly & ice cream
Tuesday	crispy garlic potato topped chicken & tomato bake	Pizza	apple sponge & custard
Wednesday	minced beef & dumplings	tomato pasta	lemon shortcake
Thursday	chicken & veg pie	cheese & onion whirl	chocolate sponge & chocolate sauce
Friday	battered fish & chips	veggie chilli	Chocolate crinkle biscuit









Heads-up!

Dear Parents and Carers,

Thank you to everyone attend Parents' Night, whether online, on the phone or in person.

Below you will find the North Yorkshire menus for school dinners. Can I just remind parents of the need to provide healthy options in your child's packed lunch? If possible, the most important thing is to avoid processed and packaged as much as you can. We will be working with parents and the NHS nursing team throughout the rest of this year as we develop our packed lunch policy.

Can I ask if any parents that took part in the Nurturing Schools Award, would like to be involved in the press release, please can you let Mandy in the office know by Thursday 6th February?

Marianne



with this newsletter. The classes are going through menus with learners, but if you're unsure, then do please email your child's class teacher or Admin@welburn-hall.n-yorks.sch.uk with their food preferences.

There are now additional options 3 or 4 that include sandwich or baked potato choices.

This will be the menu when we return to school after half term on Monday 24 February.



One of our College learners is doing her work experience in Demi's pre-formal class, which has meant a busy morning reading with our younger learners.

She also donated some of her old books to the class, which they are very grateful for.

All of the class want to say a massive Thank You!









Last week, Mr Western's class travelled to Scarborough Sixth Form College to represent Welburn Hall School at the North Yorkshire Inclusive School Sports Partnership, Panathlon Challenge.

The Panathlon Challenge involves learners working as a team to complete a variety of activities, such as basketball, ten pin bowling and target practice. Each team member is able to repeat the activities in order to achieve their personal best.

Everyone had a great time taking part and also came away with their very own medal – well done team!!







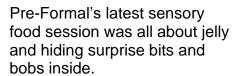












They had red, orange and clear colours, with hidden chia seeds, plastic insects, favourite small toys, raisins and biscuits.

They enjoyed little nibbles, but also lots of squelching with hands, squashing with spoons and most of all having fun.

















Wellbeing & Safeguarding



@wake.up.weds

(a) @wake.up.wednesday

North Yorkshire Safeguarding Children Partnership (NYSCP) aims to ensure all children in North Yorkshire are safe, happy, healthy and achieving.

If you are worried about a child - this is the duty number: 0300 131 2 131 Or see their website here:



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https://www.safeguardingchildren.co.uk/about-us/worried-about-a-child/ At The National College, our WakeUpWednesday guides empower and equip parents, carers and educ conversations with children about online safety, mental health and wellbeing, and climate change. For Fort guther guides, bints and tips. bit 10 Top Tips for Parents and Educators SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERAC Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill. NAME THE EMOTION ENCOURAGE JOURNALING MODEL EMOTIONAL TEACH PROBLEM-SOLVING MINDFULNESS **CREATE A SAFE SPACE** ACTIVITIES 9 USE VISUAL AIDS **USE STORYTELLING** CELEBRATE EMOTIONAL GROWTH 5 PRACTISE EMPATHY Meet Our Expert **National** College